

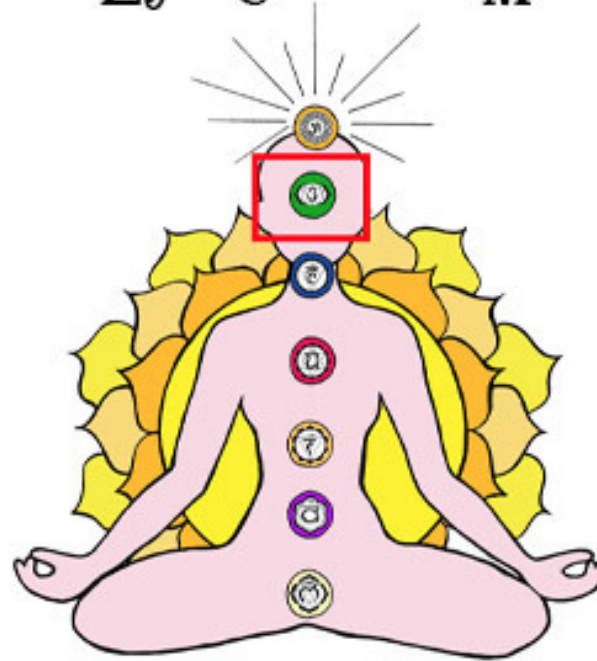
Third Eye Chakra Meaning



Meditation



Imagination



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Vision



Intuition



The sixth chakra is the third eye chakra, the seat of spiritual vision. The fundamental meaning of the third eye is intuition and visualization. For this reason, the third eye is associated with heightened perception and insight. The Sanskrit term for the third eye chakra is Ajna, which means to "command" or "perceive." In terms of associated organs in the physical body, the pineal gland is the most closely connected to this chakra. Development of the third eye can be accomplished with specific forms of yoga and meditation. Visit [Third Eye Chakra Meaning](#) for detailed information.