

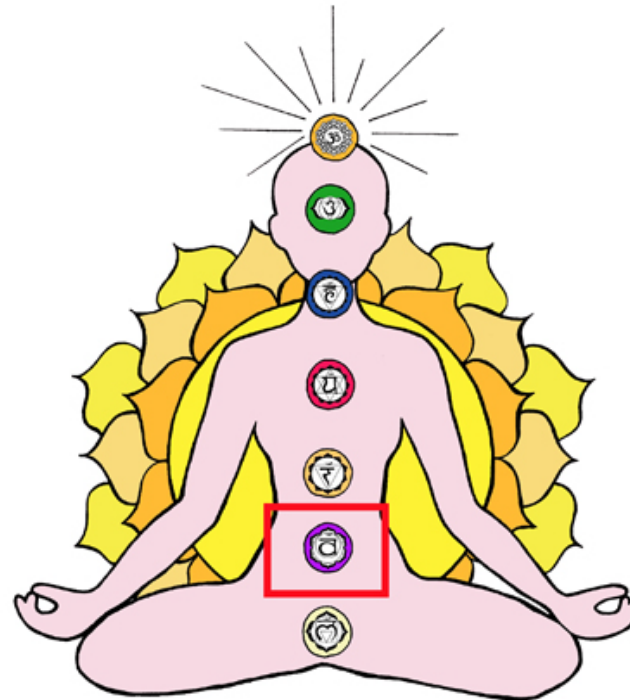
# Sacral Chakra Meaning



Relationships



Reproduction



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Creativity



Communication



The sacral chakra is known in Sanskrit as Svadhishtana, meaning literally "one's own place." Sometimes the sacral chakra is called the seat of the soul. The sacral chakra is the realm of communication, exchange and finances. If this energy is used improperly, addiction to sex or gambling can result. As the center of reproductive ability, the sacral chakra is also the seat of artistic creation. The sacral chakra is said to house the unconscious. Visit [Sacral Chakra Meaning](#) for detailed information.