

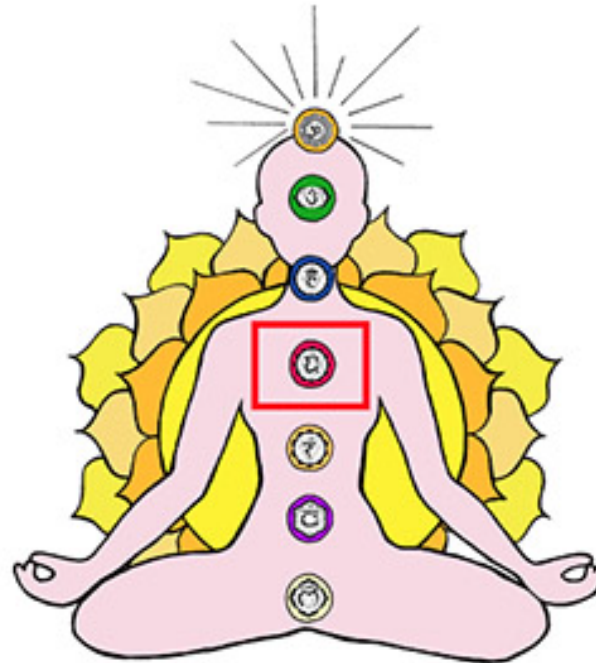
Heart Chakra Meaning



Love



Compassion



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Charity



Kindness



The heart chakra is the seat of love and devotion. In a balanced and healthy state, the heart expresses charity, compassion, and kindness. In addition, the heart is a focus for beauty and culture. Expanding the heart chakra brings the awareness of service to the community and compassion for others. In addition to the physical heart, other organs associated with the heart chakra include the circulatory system, lungs, upper back, thymus gland, breasts, arms, and lymphatic system. Visit [Heart Chakra Meaning](#) for detailed information.