

Sounds of the Cosmos (Bija Seed Syllables)

A mantra is a word or term of power. Every mantra has a specific and exact power. The word "mantra" is derived from two Sanskrit words. "Man" is from "manas" or mind. "Tra" is from "tra" meaning to protect or free from. The idea is that a mantra will free the seeker from the limited mind.

Sanskrit is known as the Mother tongue because it is the root of so many other languages. Each letter of the Sanskrit alphabet carries a vibration that unites the mind with pure sound. Thus, mantras act like a bridge between the finite and the infinite.

A bija or "seed mantra" is a single syllable that is a primal, universal sound. These syllables connect to the forces of nature like fire and water. Mantras can help to remove deep seated emotional patterns and karmic blockages from the mind and heart and thus result in psychological and physical healing.

FUNDAMENTAL BIJA SEED SYLLABLES

OM: Primal sound of all creation. Hum of the universe. The first sound of God's consciousness manifesting as form (Sri Yantra).

HRIM: The seed syllable "hrim" is a combination of "ha" for prana, space and light with "ra" for fire, light and dharma and "im" (pronounced "eem") for energy, focus and motivation.

SHRIM: Srim (pronounced "shreem") brings positive growth and development. Srim attracts energy, situations and people who are beneficial for our lives.

AIM: Aim is the feminine counterpart of the bija mantra Om. Aim is the seed mantra of Saraswati, goddess of knowledge, wisdom, music, art and speech.

KRIM: The "K" is a hard consonant that creates an initiatory energy. The "R" adds the fire element and the "I" adds focus. The "M" is usually a reference to the feminine energy.

KLIM: The "K" is a hard consonant that creates an initiatory energy. The "L" is a softer, water sound that contains the power of attraction. This is a form of divine magnetism that can draw to itself and/or fix things in place.

HUM: Hum is a fire mantra that can help to kindle the consciousness. This is an etheric fire connected to lightning, prana, and the breath. This lightening can also be used for protection.

DUM: This is the seed syllable of Durga and brings a protecting fire energy. This is an earthly fire like burning wood. DUM eliminates sorrow, obstacles and barriers. DUM brings self-control and discipline.

ASTROLOGICAL BIJA SEED SYLLABLES

SAM (soom): Sun or Surya	CAM (chum): Moon	KUM (come): Mars	BUM (boom): Mercury
SUM (shoom): Venus	SAM (shyum): Saturn	BRIM (breem): Jupiter	

CHAKRA BIJA SEED SYLLABLES

LAM (lum): Base	VAM (vum): Sacral	RAM (rum): Solar plexus	YAM (yum): Heart
HUM (hum): Throat	OM (ohm): 3 rd Eye	AH* (ahh): Crown	*Or ANG or OM



Hrim Mantra for the Heart

Om Hrim Namah (2x)
Hrim, Om Hrim Namah



Lakshmi Bhaya Namaha

Om Hrim Shrim Lakshmi Bhaya Namaha



Saraswati Mahadevi

Om Aim Saraswati Mahadevi Saraswati (2x)
Om Aim Saraswati Mahadevi Saraswati (2x)
Om Aim Saraswati Mahadevi Saraswati (2x)



Kali Shakti

Om Krim Hum Hrim Kali Shakti Namaha (2x)
Kali Ma, Kali Ma, Kali Shakti Namaha (2x)



Durga's Primary Mantra

Om Dum Durgayei Namah
Om Dum Durgayei Namah



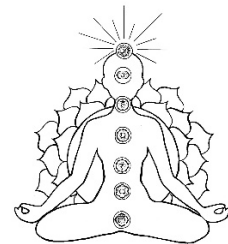
Ananda Ma

Ananada Ma, Kali Kali Ma (2x)
Om Kali, Hrim Shrim Klim Krim (1x)
Ananda Ma, Kali Kali Kali Ma (2x)



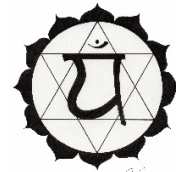
Astrological Mantras

SUN: OM Sam Suryaya Namaha
MOON: OM Cam Chandryya Namaha
MARS: OM Kum Kujaya Namaha
MERCURY: OM Bum Bhudhaya Namaha
VENUS: OM Sum Sukraya Namaha
SATURN: OM Sam Sanaya Namaha
JUPITER: OM Brim Brihaspataye
Namaha



Vedic Chakra Mantras

Om Lam Namaha Lam
Om Vam Namaha Vam
Om Ram Namaha Ram
Om Yam Namaha Yam
Om Ham Namaha Ham
Om Namaha Om
Ah Namaha Ah



Vedic Heart Mantras

Om Yam Hrim Namah
Om Yam Shrim Namah
Om Yam Krim Namah



Lokah Samastah

Lokah Samastah Sukino Bhavantu